

山葵

虎穴に入らずんば虎子を得ず

*'If you do not enter the tiger's cave,
you will not catch its cub'*

Bincho-tan Mineral Water

Wasabi Restaurant & Bar has purchased a chilled, filtered and carbonated water system. The water is then stored in specially designed Bincho-tan (Japanese white charcoal) water bottles where the Bincho works to re-mineralise and balance the PH levels.

Simply put, white charcoal is an incredibly hard-working natural material with a truly superb capacity to purify. The Bincho-tan is sourced from sustainably harvested timber and is handcrafted using ancient traditions where the timber's temperature is brought to a precise 1000 degrees celsius. Besides providing better tasting and healthier quality water, for every 1 litre of filtered water the restaurant produces, it saves on average 200ml of crude oil that is used in production, packaging, transport and storage of bottled water. This excludes the cost of waste disposal and or recycling. This means in one year we will not be consuming 998 litres of crude oil.

To support this initiative unlimited still and sparkling 'Bincho-tan' water is \$5.50 per person.

Us & our farm - Honeysuckle Hill

In Japan, many restaurants specialise in specific local cuisines that have evolved over the generations based only on ingredients that can be found in their local area. They present dishes that speak of the season and their surroundings. It seems natural that, whilst trying to stay true to that concept and still maintaining an entirely Japanese aesthetic, we would draw inspiration from our beautiful surroundings in Noosa and use as many locally grown elements as we can.

Our preparation starts at our farm Honeysuckle Hill, where we grow many of our ingredients. We gravity irrigate with water from our natural spring. We compost the vegetable peelings and off cuts from the restaurant using the Japanese Bokashi method, which retains all nutrients, organic material and microbes.

Among the ingredients we grow are:

Akajiso - Red Perilla / Ashitaba - Tomorrow Leaf / Biwa - Nagasakiwase Loquat

Daikon - White Radish / Fushimi - Japanese Chilli / Gobo - Burdock

Hakkanou - Japanese Menthol / Hinoa Kabu - Purple Top Turnip / Shiro Kabu - White Turnip Kamo

Natsu - Kamo Heirloom Eggplant / Kinome - Japanese Prickly Ash

Komatsuna - Mustard Spinach / Kyuri - Oriental Cucumber / Kuwa - Mulberry

Misome - Japanese All-season Green / Mibuna - Kyo Yasai Original Green

Mizuna - Japanese Mustard / Mitsuba - Japanese Parsley / Momo - Peach

Mukago - Japanese Yam / Myoga - Japanese Ginger Flower / Natsuguro - Bunching Onion

Oba - Green Perilla / Okahijiki - Land Seaweed / Tade - Water Pepper / Tokita's Ninjin - Scarlet

Carrot / Tokyo Bekana - Tokyo Mustard / Sakata Meron - Sweet Melon / Sansho - Fruit from the

Japanese Prickly Ash / Sato Imo - Japanese Taro / Satsuma Ume - Red Fleshed Plum / Seri -

Asian Celery Leaf / Shishito - Japanese Chilli Shishitagani - A variety of Japanese Pumpkin /

Shungiku - Small Leaf Chrysanthemum

The current menu is designed to showcase our farm produce as it comes into season, other regional ingredients and the amazing seafood from the local fishing fleet that day. In keeping with our philosophy, we strive to put a product on the plate we feel is honest and authentic to who we are.

Our goal is to always enjoy what we do more each day and to reward our wonderful clientele with the next stage in Wasabi's continuing evolution. Providing a unique regional dining experience with a sense of place for our clients, whose continued support is greatly appreciated, is our ultimate ambition.

山葵

Oshinagaki

(お品書き)

A la carte menu
Four courses

A more casual affair. The menu is listed lightest to richest in flavour. The four dishes will be portioned to allow you to dine in true Japanese style; multiple flavours make up the meal.

Additionally, each guest will begin their meal with a complementary seasonal tsukidashi taste and finish the final savory meal with a toasted rice onigiri that incorporates seasonal produce from our farm, served with wagyu butter and soy sesame crumble. We invite all guests to enjoy dessert as their final course.

Pescatarian, vegetarian and no seafood menus available on request

4 Courses 90.00 per person

Oshinagaki

(お品書き)

A la carte menu

Four courses

Tsukidashi

Complementary seasonal amuse

Kaki (optional course – 10pp)

Lismore rock oysters, house made organic apple vinegar gelee and mitsuba
or tempura with nori salt and sudachi

Sainome (set for each guest)

The sushi counters selection of the day's best local, ike jime prepared sashimi, served tartare style
with daikon, shiso buds, ume plum saikyo miso, ao nori senbei crackers, edamame salt

Ika

Bincho-tan charcoal roasted local arrowhead squid stuffed with Mooloolaba king prawn and
yamaimo yam, myoga and cucamelon, persimmon and ginger dressing
or

Nigiri Moriawase

The sushi counters selection of five of our signature and seasonal nigiri sushi topped with
house made seasonal condiments

Shika

Charters Towers venison loin seasoned with gen mai cha, pickled pink radish, crisp carrot, sesame, negi uma-dashi

or

Uzura

Nikiri soy marinated Banyard quail, hijiki, sato imo potato, bincho-tan charcoal roasted corn, burnt lime

Mo Niku (optional course 27pp)

Mayura station 500 day grain fed, score 7+ rib eye cut, full blood wagyu, Kin Kin bloodwood fermented honey tare, wagyu fat roasted shallot, smoked daikon and almond

Sides

Shima Wasabi – freshly grated table side, Tasmanian shima wasabi 16.50

Japanese Pickles – seasonal house made pickles 10.50

Nasu – red miso roasted eggplant, seri vinegar pickled daikon 10.50

Yasai – Honeysuckle Hill seasonal greens, squash, green beans, edamame, snow pea shoots, shio koji cucumber, umeboshi dressing 10.50

Kosshi – soy, black vinegar and plum glazed and roasted marrow bone 11.50

Dessert (included in the Oshinagaki menu)

Yukimi

Pineapple, hakka, lemon myrtle, shiro-an

Ichigo

Local figs macerated in house made strawberry shochu, peach gelee, strawberry granita, toasted soba custard and soba crumb

ARTWORKS BY SOPHIA LOUISE CONLEY

“Nothing in Nature is random. A thing appears random only through the incompleteness of our knowledge.”

- Benedict Spinoza; 17th Century Dutch Philosopher

Sophia Conley is a local Conceptual Artist and Interior Designer. Her work covers various mediums such as painting, computer generated art, installation and sculpture.

Each piece within Wasabi represents one of the five Japanese elements: Earth, Air, Fire, Water and Void. Through her most recent addition to the Tatami dining room, Sophia, inspired by fractal geometry and the 16th Century Japanese Kano School of painting, represents each of the Japanese elements using monochrome inks, gold leaf and acrylic.

Japanese 5 Elements: Chi - EARTH = solid objects of the world, Ka - FIRE = energetic forces moving things in this world, Fu - WIND = represents things that grow, expand and enjoy freedom of movement, Sui - WATER = fluid flowing formless, Ku - VOID = sky or heaven, the unknown.

Contemplating the beautiful similarities in nature is a humbling way to remind ourselves that we are all intrinsically connected.

Sophia's work is largely private commission based projects, please contact her on 041 6021828 to enquire about her work, or see a staff member for details. Her pieces are POA.

SARAH SHEPPARD CERAMICS

Sunshine Coast, Queensland

Sarah's home and tableware is organic, each piece constructed by hand, inspired by nature and the environment in which she lives. Her work is made of Australian porcelain and stoneware clays. Making her glazes from scratch, she uses a natural pallet of colours to ensure each item's texture, shape and design is fully appreciated. Each piece is fired twice, the second firing at a temperature of up to 1300 degrees celsius. Sarah strives to make pieces that enhance the pleasure and enjoyment of home and food. Her tableware providing a base for a chef to tell a story, paint a picture or allow the recipient to enjoy the experience of a special meal. Sarah's homewares allow the owner to display flowers, fruit or jewellery that deserves to be on display.

Mainly working on commissions, each design is constructed in consultation with its owner to tell of its intended place and journey.